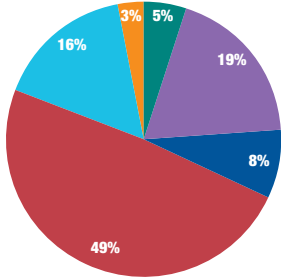


## ARTS FY 2013-2014 FINANCIALS

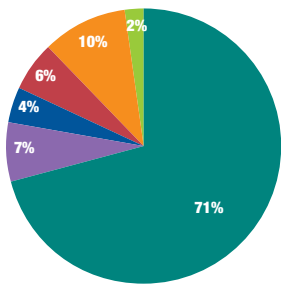
### REVENUE:



Federal and State Grants	\$ 930,769
Signal Behavioral Health Network	3,264,989
Approved Provider Services	1,389,672
Fee-for-Service Contracts	8,576,158
Client Fees/Co-Pays	2,717,550
Foundation/Donation	546,392

**TOTAL: \$17,425,530**

### EXPENSES:



Personnel (Salary & Benefits)	\$12,432,308
Facilities	1,167,037
Operating Expense	656,160
Client Supplies	1,122,349
Purchased Services	0
Administrative-UCD Indirect Costs	1,657,407
Applied to Reserves	390,269

**TOTAL: \$17,425,530**

**OUR MISSION:** To improve the quality of life and productivity of individuals and families affected by substance abuse, dependence, and co-occurring mental health disorders through the application of scientifically supported prevention, education, and treatment services.

**OUR TREATMENT PHILOSOPHY:** Substance abuse and dependence are biopsychosocial behavioral disorders that can be severe and in some cases chronic, and the broad aim for ARTS is to reduce the morbidity and mortality associated with these disorders.

The net result of successful treatment has societal benefits as well: Reduced criminality and related social costs; reduced risk of HIV infection and other costly medical problems; and interruption of the intergenerational pattern of drug abuse and dependence.



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## OUR PROGRAMS & SERVICES

### ARTS ADULT OUTPATIENT

ARTS Adult Outpatient Program offers comprehensive drug and alcohol treatment services to individuals whose lives have become unmanageable as a result of substance abuse. The goal is to introduce them to a new way of life. A broad network of services range from Methadone and Suboxone medication-assisted treatment for opioid dependence, to specialized substance abuse treatment services for individuals who are HIV positive. The ARTS Adult Outpatient Program offers a number of specific evidence-based treatment interventions that have been demonstrated to be cost-effective for adults with substance abuse and dependence. Services are accessible and convenient, located in four clinics across Denver, Aurora and Lakewood. All programs are staffed by experienced professionals including certified addictions counselors, licensed social workers, licensed professional counselors, psychologists, physicians and nurses.

### MEDICATION-ASSISTED TREATMENT

Aimed at eliminating use among substance dependent persons, the ARTS Medication-Assisted Treatment (MAT) program provides patients with a variety of behavioral, psychosocial and pharmacologic treatments. The program, guided by the latest in scientific evidence concerning effective treatment interventions, specializes in Methadone and Suboxone treatment for opioid dependence. Other medications offered for alcohol dependence include Naltrexone, Vivitrol and Antabuse.

The *ARTS Parkside Clinic* in Denver provides MAT, using Methadone, Suboxone, Buprenorphine, Naltrexone, Vivitrol and Antabuse in combination with individual and group counseling to treat specific addictions, including opioid and/or alcohol dependence. This clinic is staffed by nurses and counselors, with physicians on site at specifically scheduled hours.

The *Specialized Outpatient Services* program is located in Denver and provides individual, group and family counseling for women, offenders or individuals with HIV and substance abuse disorders. Services include case management to assist with medical services, transportation, child care, advocacy with courts, housing, food stamps, educational and vocational assessment and counseling. Specialized Outpatient Services also offers treatment for co-occurring mental health disorders.

The *Potomac Street Center* in Aurora is a full service substance abuse clinic, with specialized offender services, including DUI education and therapy, as well as child welfare services. This clinic also offers MAT, including Methadone, Buprenorphine, Naltrexone and Antabuse, each medication prescribed for a specific treatment condition.

The *Westside Center for Change* in Lakewood is also a full service clinic, providing MAT, DUI education and therapy, and specialized offender and child welfare services.

### ACCOMPLISHMENTS THIS PAST YEAR:

- » Recipient of Ryan White Care Act funds.
- » Recipient of Substance Abuse and Mental Health Services Administration (SAMHSA) awards for Minority AIDS Project.
- » Cognitive Behavioral Treatment contracts with Denver Probation.
- » Partner on Front End User's Denver Court Project.
- » Integration of Women's, HIV and Offender services into a Specialized Outpatient Services Program, providing increased access to care in a centralized location.
- » Collaboration with medical professionals on the unique needs of pregnant women with substance abuse issues.
- » Implementation of the evidence-based practice Moral Reconciliation Therapy within Specialized Outpatient Services clinic and our Offender Re-entry Recovery Continuum.
- » Continued designation with Denver Department of Human Services as a Denver EFFECT provider, in which family counseling is provided to help support families involved with Social Services.
- » Medicaid enrollment activities aimed at assisting patients with Medicaid and Affordable Care Act healthcare enrollment.
- » The Parkside Clinic, Potomac Street Center and the Westside Center for Change are accredited by Commission on Accreditation of Rehabilitation Facilities.
- » Completion of the Offender Reentry & Recovery Continuum SAMHSA grant which successfully provided treatment to more than two hundred parolees and significantly reduced recidivism and relapse rates.

(Continued on reverse side)

# OUR PROGRAMS & SERVICES (cont'd.)

## THE HAVEN

The Haven is a residential Modified Therapeutic Community (MTC) which provides treatment for women with chronic substance use disorders and co-occurring mental health disorders. The Haven has capacity to treat 65 women with 16 beds at the Mother's House dedicated to treating pregnant women. Clients with infant children can reside with their children during treatment and their children receive specialized services through our licensed and quality rated child care center, the Baby Haven. While specializing in the care of drug exposed infants, the Baby Haven provides child care services to children in the community and integrated services so that Haven clients and community families can interact and engage in family partnership activities. While in treatment, all clients receive services that not only focus on recovery from substance abuse and maintenance of mental health, but also on social functioning, education/vocational skills, and positive community and family ties. Participants learn to be accountable to the therapeutic community through a hierarchical model of treatment stages that reflect increased levels of personal and social responsibility. Clients receive evidence-based, on-site structured programming that includes: drug and alcohol treatment groups, cognitive behavioral therapy, contingency management, specialized parenting and interactive groups, coping skills and dialectical behavioral therapy.

### ACCOMPLISHMENTS THIS PAST YEAR:

- » Friends of the Haven, a non-profit 501(c)3 which provides fundraising and supportive services to the Haven, began an endowment to assist graduates of the program in furthering their education. The endowment will provide scholarships to graduates to pursue a college degree or complete certifications in trade schools. Friends of the Haven continues to provide treatment scholarships to clients who have gaps in their funding, making it possible for clients to complete the full continuum of care.
- » The Haven continued partnering with the University of Colorado's Behavioral Health and Wellness Program on an Office of Behavioral Health grant. Former graduates of the program have begun training to become Peer Coaches. They will facilitate groups in health and wellness and help connect clients to community resources to assist them in healthy living activities. Two graduates will be hired as University of Colorado/The Haven employees.
- » The Haven, in conjunction with the Peer I program, has opened a state of the art commercial kitchen on the Fort Logan campus and is training clients in the culinary arts. Culinary training classes provide nine weeks of instruction. Clients earn a certification at the end of class and are provided with job leads in the culinary field. The programs have also partnered with CAFÉ 180, a 501(c)3 whose mission is to eliminate hunger and social barriers associated with food by feeding all people regardless of their ability to pay. Haven clients assist Café 180 in preparing catering box lunches at the kitchen. In turn, clients give back to the community and learn valuable vocational skills.
- » The Baby Haven continued to provide monthly family partnerships to engage parents from both the community and clients in treatment to participate in their child's education and growth. Monthly partnerships include holiday events, educational presentations and music and movement sessions.
- » Clients participated in a number of community give back events, including but not limited to: monthly volunteering at Food Bank of the Rockies; assisting with Coats for Colorado; gardening with Grow Local gardeners to produce and donate food to local shelters; speaking engagements at middle school and high schools regarding drug use; set up of church events including a community Halloween party for Valley View Church; service work at Toys for Tots; and sponsoring and facilitation of monthly community family partnership events through the Baby Haven.

## PEER I

Peer I is a 125-bed Therapeutic Community (TC) long-term residential substance abuse treatment program for men located on the Fort Logan campus. For forty years Peer I has been serving adult males with chronic histories of substance dependence and related anti-social behavior. The majority of clients are referred from the criminal justice system. Peer I addresses substance dependence, criminal behavior, co-occurring mental health disorders, and the multiple other areas of life functioning that are affected by addiction to drugs. The primary goal for Peer I is to facilitate individual changes and positive growth for each client. This goal is achieved primarily by the community of peers residing and working together to help themselves and each other. Peer I clients assume a major role in managing the TC; serving as positive role models for other more recently admitted clients. Thus, while evidence-based interventions are incorporated into the treatment regimen, in the TC, "the community is method," meaning that much of the behavioral change evidenced in the program is achieved through the client community and milieu.

Peer I Outpatient Therapeutic Community (OTC) is a continuing care model for men from Peer I and women from The Haven who progress from the residential treatment program to a non-residential status. The Peer I outpatient component is a minimum of one-year or until a client fulfills their legal obligation. The primary goal of the OTC is to foster and support positive reintegration into the community. Services are gender specific and include educational and therapy groups, parenting classes and family activities. The OTC program also assists clients with housing as they transition to the community.

### ACCOMPLISHMENTS THIS PAST YEAR:

- » The Peer I program was again rated number one in the State of Colorado Community Corrections Risk Factor Analysis, statewide results for 2014. The risk factor analysis is a multi-dimensional review of program performance on 25 independent measures.
- » Continued to increase admissions for the Department of Corrections inmates transitioning from prison-based therapeutic communities.
- » Added beds to the Transitional Housing facility on the grounds of Fort Logan for clients. This component helps to stabilize clients, especially in regards to financial obligations, prior to securing an independent living arrangement as they gradually transition back to their communities.
- » Peer I introduced Seeking Safety which is an evidence-based curriculum designed to treat substance abuse and trauma-related issues.
- » Peer I places much emphasis on helping clients develop a sense of community responsibility to make amends for past community transgressions as they contribute to the common good. This year, Peer I staff and client volunteers participated in several community projects to help give back to the community including:
  - Denver Annual AIDS Walk.
  - Visited local nursing homes.
  - Performed Christmas carols in downtown Denver and distributed food and clothing to homeless individuals.
  - Assisted community churches and homeless shelters with small-scale improvement projects.
  - Raised funds and sponsored a child through Save the Children Foundation.
  - Provided drug education and awareness programs to local community, high school and college audiences.

## SYNERGY ADOLESCENT TREATMENT SERVICES

Synergy Adolescent Treatment Services is the adolescent continuum of services within Addiction Research and Treatment Services. Synergy serves adolescents with substance use, conduct and other co-occurring psychiatric disorders. Synergy emphasizes best practice of integrated treatment for substance and mental health disorders and treatment of the adolescent in the context of the family by offering psychiatric evaluation and family therapy at all levels of care. The Synergy continuum of services includes a Residential Child Care Facility/ Modified Therapeutic Community for adolescent males. Outpatient Services include traditional outpatient services and various evidence-based practices provided in the clinic, home and/or community including Adolescent Community Reinforcement Approach (ACRA)/Adolescent Continuing Care (ACC) and Multisystemic Therapy (MST). The RCCF has a fully accredited Colorado Department of Education facility school offering core curriculum in addition to on-line course and credit recovery.

### ACCOMPLISHMENTS THIS PAST YEAR:

- » Implemented an evidence-based practice for trauma informed care (SITCAP-ART), for adolescent clients in Synergy Residential and Day Treatment Programs that was funded by a Justice Assistance Grant (JAG).
- » Hosted a 1-day training for Synergy staff and stakeholders, including Metro and Regional County Social Services, Probation and Division of Youth Corrections representatives provided by the National Institute for Trauma and Loss in Children to kick-start the training and implementation of SITCAP-ART program in the Day Treatment and Residential Program (RCCF).
- » Participated in three additional trainings by TLC Institute called: "Structured Sensory Interventions," "Advanced Structured Sensory Interventions," & "Trauma Assessment." This further supported Synergy's grant mission and the goal of the Colorado Department of Human Services (CDHS) to provide trauma-informed care to clients and their families.
- » Synergy continued as a partner with Denver Department of Human Services on a project with Kempe Center to provide AF-CBT services, another trauma informed practice.