

ARTS

Addiction Research & Treatment Services

ANNUAL REVIEW



2018 - 2019

Improving Lives Through Prevention, Education and Treatment



Department of Psychiatry

SCHOOL OF MEDICINE

UNIVERSITY OF COLORADO ANSCHUTZ MEDICAL CAMPUS

HAVEN

The Haven is a residential Modified Therapeutic Community (MTC) which provides treatment for women with chronic substance use and co-occurring mental health disorders. The Haven has capacity to treat 36 women with 16 beds at the Haven Mother's House dedicated to treating pregnant and parenting women. Clients with infant children can reside with their baby during treatment and receive specialized services through the Haven's licensed and quality rated childcare center, the Baby Haven. While specializing in the care of drug-exposed infants, the Baby Haven also provides childcare services to children in the community with integrated services so that Haven clients and community families can interact and engage in family partnership activities.

The Haven served a total of 89 clients in FY 18-19; 23 of whom were pregnant and 9 who were reunited with their children in treatment.

ACCOMPLISHMENTS THIS PAST YEAR

- The Haven received funding from the State Opioid Response (SOR) grant to implement the Incredible Years (IY) curriculum, an evidence-based parenting education program for mother's with infants and toddlers.
- The Haven programs continued to focus their training efforts on Motivational Interviewing (MI) and coaching of staff. The Haven looks at all practices from a trauma informed lens and continues to evaluate and modify practices to best meet the needs of a female population.
- The Haven received a Zonta grant which allow clients to participate in a wide range of recreational and cultural activities throughout the year. The grant also provided exercise classes one time per week on site by a certified YMCA instructor.
- Clients continued to give back to the community by volunteering at Goodwill, the ARC, Autumn Heights Health Care Center, Chateau De Mons Care and Assisted Living, Fellowship Horizon Church, Narcotics Anonymous, and at the Colorado Black Arts Festival.

BABY HAVEN

The Baby Haven Childcare Center continues to provide high quality childcare and education for infants of mother's who reside in the Haven Mother's House program as well as community families with toddlers and preschoolers. We are grateful to our community partners/donors as well as the Anschutz Family Foundation, LARRK Foundation, the Rose Foundation, and Mile High United Way for their continued support of the Baby Haven.

ACCOMPLISHMENTS THIS PAST YEAR

- The Baby Haven served 56 children this year.
- The Baby Haven became a new Early Head Start site in partnership with Early Childhood Ventures. With this partnership, Baby Haven families now have access to a range of new services like parenting resources; social services; and health screenings, referrals, and follow-up support.
- The Friends of the Haven secured \$78,750 in capital funding needed to update the Baby Haven playground. Support was received from Buell Foundation, Qualistar, City Wide Roofing and individual donors.

ADULT OUTPATIENT

The Adult Outpatient Program offers comprehensive drug and alcohol treatment services to individuals whose lives have become unmanageable as a result of substance use. A broad network of services range from Medication Assisted Treatment (MAT) to specialized treatment services for individuals who are pregnant, involved with the criminal justice system or living with HIV. Services are accessible and convenient, located in five clinics across Denver, Aurora and Arvada.

The Adult Outpatient Program served 1,428 patients in FY 2018-2019, and of patients served, 56% were male and 44% were female.

ACCOMPLISHMENTS THIS PAST YEAR

- Adult Outpatient Program received renewal funds from Colorado Senate Bill 202 to expand MAT services. SB202 funds support its Office-Based Opioid Treatment (OBOT) clinics at the Westside Center for Change, Specialized Outpatient Services and Potomac Street Center clinics.
- Adult Outpatient received renewal funds to support its collaboration with UHealth Emergency Room (ER) and other local ERs (Swedish and Lutheran) to provide referrals to ARTS AOP clinics. In addition, this funding supports Methadone induction in the hospital's surgical unit by Dr. Daniel Bebo and post-discharge transitional services to ARTS AOP for inpatients.
- Adult Outpatient also received renewal funds from Colorado Senate Bill 202 to provide on-site substance use disorder services to individuals involved with Problem Solving Courts, Drug Courts, Veteran's Court and Wellness Court in Arapahoe, Adams, and Jefferson counties.
- Adult Outpatient received SOR funds to increase access and reduce financial barriers for individuals in need of MAT services. SOR funds also supported peer recovery support services and implementation of CRAFT (Community Reinforcement and Family Training) groups, an evidence-based model designed to help families who have a loved one struggling with a substance use disorder.
- Adult Outpatient continued as the main substance use treatment site for Ryan White Part A clients to living with HIV/AIDS.
- Adult Outpatient continued its partnership with the City and County of Denver, Denver police department and District of Attorney's office as the sole MAT treatment provider in Denver to implement the LEAD/SUN grant.
- Adult Outpatient continued its partnership with Kaiser Permanente and the Veterans Affairs Medical Center as the sole MAT provider for their patients with an Opioid Use Disorder (OUD).
- Adult Outpatient received funding through Signal Behavioral Health Network to conduct training seminars for human service providers in the field regarding the unique needs of pregnant women with substance abuse issues, focusing on women who present in a medical or hospital setting with an opioid use disorder. Three lunchtime seminars at Arapahoe County Human Services and one seminar at Denver Human Services were conducted in 2019, reaching a total of 51 providers.
- Adult Outpatient continues to serve as an active participant in Colorado's Hub and Spoke model, which is part of the Medication Assisted Treatment – Prescription Drug and Opioid Addiction (MAT-PDOA) grant from SAMHSA and managed by the Office of Behavioral Health. The goal of this grant is to improve and expand access to MAT treatment services and develop a network of care for more effective treatment and access to services.
- Adult Outpatient partnered with Denver Health to offer women's health services including family planning and birth control to our female patients.
- Adult Outpatient delivered methadone/buprenorphine to detention facilities and prisons including Adams, Arapahoe, Jefferson, and Douglas Counties, and Denver Women's Correctional Facility.
- Utilized a Nurse Case Manager to link patients to needed primary care services and Peer Recovery Specialists to link individuals in the community to supportive services in Colorado.

PEER I

Peer I is a long-term residential substance abuse treatment program for men located on the Fort Logan campus. Peer I is a Therapeutic Community (TC) that addresses substance use, criminal behavior, and multiple other areas of life functioning that are affected by addiction.

The Peer I program served 200 patients in FY 2018-2019.

ACCOMPLISHMENTS THIS PAST YEAR

- Continued work with Denver Community Corrections to train all staff in Motivational Interviewing and worked to incorporate trauma-informed care into the treatment program.
- Served as a practice site for interns to help provide experiential learning opportunities for students who want to work in the criminal justice or social services fields.
- Attended and participated in the annual Advocates for Recovery rally.
- Utilized Addiction Fellows to provide psychiatric assessments and on-going medication management for those individuals diagnosed with a co-occurring mental health disorder.
- Clients gave back to the community by volunteering at Denver Human Services, assisted local churches and other organizations with projects, and assisted with Coats for Colorado.

OUTPATIENT THERAPEUTIC COMMUNITY (OTC)

Outpatient Therapeutic Community (OTC) is a continuing care model for men from Peer I and women from the Haven who successfully complete the residential treatment program. The primary goal of OTC is to foster and support positive reintegration into the community. Services include educational and therapy groups, as well as parenting classes and family activities. The OTC program also assists clients with housing as they transition to the community.

The Outpatient Therapeutic Community served 186 individuals, 79% were male and 21% were female. Transitional housing was provided to 88 men and 24 women.

ACCOMPLISHMENTS THIS PAST YEAR

- OTC received a grant from Colorado Health Foundation to offer case management services, including vocational, education, housing support, financial services, etc. to its clients. This grant supported the hire of 2 Case Managers to offer these important services.
- OTC hosted two graduations to celebrate individuals who successfully completed the program and maintained abstinence, employment, and overall stability and success. Thirty-eight (38) individuals graduated in December 2018 and seventeen (17) in June 2019.

SYNERGY ADOLESCENT SERVICES

Synergy is the adolescent continuum of services within Addiction Research and Treatment Services. Synergy serves adolescents with substance use, conduct, and other co-occurring psychiatric disorders. The continuum includes both outpatient, community-based, and residential services. In the fall of 2018, ARTS made the difficult decision to close the Synergy Residential program due to lack of funding. Synergy continues to provide outpatient treatment for adolescent males and females.

Synergy served 140 adolescents during FY 2018-2019. Synergy RCCF served 12 males. Synergy Outpatient served 128 adolescents, of which 67% were male and 33% were female.

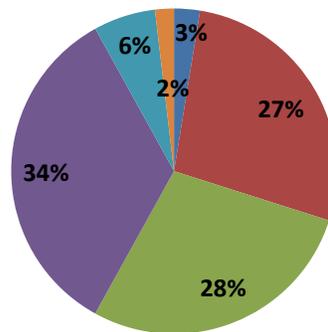
ACCOMPLISHMENTS THIS PAST YEAR

- Utilized Addiction Fellows to provide psychiatric assessments and on-going medication management for those adolescents diagnosed with a co-occurring mental health disorder.
- Synergy has continued to receive funds through Signal Behavioral Health Network to enhance the intensity of services for adolescents who are very high risk of out-of-home placement.
- Continued to collaborate and provide substance abuse services at the Family Resource Pavilion (FRP). FRP is a collaborative effort between nine entities in Douglas and Arapahoe counties dedicated to providing comprehensive services in a single location to families in need.
- Synergy has continued to be granted Forfeiture Funds to serve adolescents with substance use disorders in the 17th Judicial District who do not have other sources of funding for treatment.

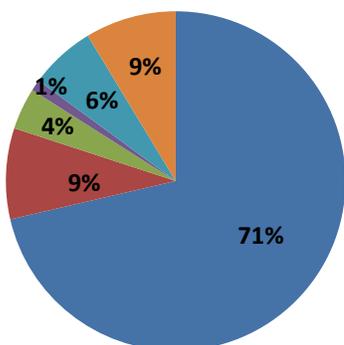
ARTS FY 2018 - 2019 FINANCIALS

Annual Budget:

Source of Revenue



- Federal, State & Local Grants
- Signal Behavioral Health Network
- Approved Provider Services
- Fee-for-Service Contracts
- Client Fees/Co-Pays
- Foundation/Donation



- Personnel (Salary & Benefits)
- Facilities
- Operating Expense
- Purchased Services
- Client Supplies
- Administrative-UCD Indirect Costs

Expenditures

ABOUT US

Addiction Research and Treatment Services (ARTS) is the clinical program of the Division of Substance Dependence, Department of Psychiatry at the University of Colorado, School of Medicine. ARTS was developed in 1972 in response to burgeoning prevalence rates of alcohol and drug abuse and addiction among the general adolescent and adult populations. For more than 40 years, ARTS has focused on delivering cost-effective treatment to individuals who have the most severe and chronic substance use disorders. Individuals receiving services benefit in many ways, including enhanced employability and productivity, increased family stability, improved social relationships, strengthened parenting skills and healthier children, reduced criminality, and diminished risk of HIV infection and other alcohol and drug-related medical problems.

OUR MISSION

To improve the quality of life and productivity of individuals and families affected by substance use and co-occurring mental health disorders through the application of scientifically supported prevention, education, and treatment services.

OUR TREATMENT PHILOSOPHY

Substance use disorders are biopsychosocial behavioral disorders that can be severe and in some cases chronic, and the broad aim for ARTS is to reduce the morbidity and mortality associated with these disorders.

The net result of successful treatment has societal benefits as well: reduced criminality and related social costs; reduced risk of HIV infection and other costly medical problems; and interruption of the intergenerational pattern of substance use disorders.

CONTACT US

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MAP OF LOCATIONS

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Addiction Research and Treatment services (ARTS) and the University of Colorado do not discriminate on the basis of race, color, national origin, sex, age, disability, creed, religion, sexual orientation, or veteran status in admission and access to, and treatment and employment in, its educational programs and activities.